Heather Hammerstedt MD MPH is a board certified emergency physician, full partner and assistant medical director with Vituity, a physician-owned multispecialty group, in Boise Idaho. She came to Boise in 2008 from Boston, where she had worked as an attending Emergency Physician for Harvard Medical Faculty Physicians. She completed her medical studies at Temple University School of Medicine, and did her postgraduate residency in Emergency Medicine at Beth Israel Deaconess’s Harvard Affiliated Emergency Medicine Residency program. Current EM related specialization includes Idaho ACEP chapter president, family medicine residency clerkship director, and advocacy and legislative work state-wide. She also holds a Masters of Public Health degree from Harvard School of Public Health, with a concentration in international health sector development and nutrition. She is also one of the founders of the nonprofit 501c3 organization, Global Emergency Care Collaborative (GECC) and currently functions as Executive Director. GECC currently has an ongoing clinical, academic, and consultant relationship with stakeholders in Uganda, where they have created the country’s first emergency medicine training programs for advanced providers and physicians and are working with the national government to create a national emergency care system. Additionally, as CEO of Wholist, working with her background in Integrative Nutrition, health coaching, and medical acupucuture, she has pulled together alternative and conventional practitioners to create proactive integrative health and wellness programs around weight, fitness, women’s health and mind body care. She keeps herself busy with her husband, skiing, rafting, running, and chasing after two small boys and a big chocolate lab.